

Books

Meaningful Physical Education: An Approach for Teaching and Learning
 Fletcher, T., Chr  nlin, D.N., Gleddie, D. and Beni, S. (2022) *Meaningful Physical Education: An Approach for Teaching and Learning*. London: Routledge.

Children Moving A Reflective Approach to Teaching Physical Education
 Graham, G., Holt/Hale, S. A and Parker, M. (2020) *Children Moving A reflective Approach to Teaching Physical Education*, (10th Edn), McGraw Hill.

An Introduction to Primary Physical Education
 Griggs, G., & Randall, V. (2022). *An Introduction to Primary Physical Education*, (2nd Ed). London: Routledge

Mastering Primary Physical Education
 Howells, K., Carney, A., Castle, N and Little, R (2018) *Mastering Primary Physical Education*, Bloomsbury

Teaching Primary Physical Education
 Lawrence, J. (2018) *Teaching Primary Physical Education*, (2nd Edn), London: Sage

Instructional Models for Physical Education
 Metzler, M and Colquitt, G. T (2021) *Instructional Models for Physical Education*, (4th Edn), London: Routledge.

Book Chapters

Chapter 3: Learning to Move and Moving to Learn
 Doherty, J. and Brennan, P. (2014) *Learning to Move and Moving to Learn, Physical education 5-11: A Guide for Teachers*. London: Routledge.

Chapter 1: The Why, What and How of Meaningful Physical Education
 Fletcher, T., Chr  nlin, D.N., Gleddie, D. and Beni, S. (2022) *Meaningful Physical Education: An Approach for Teaching and Learning*. London: Routledge.

Chapter 16: Debates in the Teaching of Primary Physical Education
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Chapter 2: The Importance of Primary Physical Education
 Pickup, I. and Randall, V. (2022) *The Importance of Primary Physical Education*. In Griggs, G. and Randall, V. (Eds.) *An Introduction to Primary Physical Education*. London: Taylor & Francis Group, 11-24.

Chapter 10: Physical Education
 Whitehouse, A. and Randall, V. (2023) *Physical Education*. In Majid, N. (Eds) (2023) *Essential Subject Knowledge for Primary Teaching*. London: Sage.

Texts for Primary Physical Education Specialists

Oxford Textbook of Children's Sport and Exercise Medicine
 Armstrong, N, van Mechelen, W, and Baxter-Jones, A.D.G. (2023) 'Growth and maturation', in Armstrong, N. and Van Mechelen W. (eds), *Oxford Textbook of Children's Sport and Exercise Medicine*, (4th Edn), Oxford Academic.

Debates in Physical Education
 Capel, S and Blair, R. (2019) *Debates in Physical Education* London: Routledge.

WHO Guidelines
 Chaput, J.P., Williamsen, J, Bull, F, Chou R, Ekelund U, Firth, J, Jago R, Ortega FB, Katzmarzyk P.T. (2020) 2020 WHO Guidelines on Physical Activity and Sedentary Behaviour for Children and Adolescents Aged 5-17 Years: Summary of the Evidence. *Int J Behav Nutr Phys Act.* 26;17(1):41.

Developmental Physical Education for All Children
 Donnelly, C., Mueller, C. and Galahue, D. (2017) *Developmental Physical Education for All Children: Theory into Practice*. (5th Edn), Human Kinetics: Leeds.

Sport, Education and Society, 28
 Drury, S., Stride, A., Firth, O. and Fitzgerald, H. (2023). The transformative potential of trans*-inclusive PE: The experiences of PE teachers. *Sport Education and Society*, 28(9), pp.1018-1031.

Quest, 73
 Kern, B. D., Richards, K. A. R., Graber, K. C., Templin, T. J., & Housner, L. D. (2023). Toward an integrative model for teacher change in physical education. *Quest*, 73(1), 1-21.

Education, 3-13
 Ni Chr  nlin, D., Fletcher, T., Beni, S., Griffin, C. and Coulter, M. (2021) Children's experiences of pedagogies that prioritise meaningfulness in primary physical education in Ireland. *Education 3-13*, 51 (1), 41-54.

Teaching Physical Education Creatively
 Pickard, A. and Maude, P. (2021) *Dance Activities; Teaching Physical Education Creatively* London: Routledge.

Teaching the Arts in the Primary Curriculum
 Randall, V. (2021) 'Dance: The art of movement' in Ogier, S. & S. Tutchell (Eds) *Teaching the Arts in the Primary Curriculum* London: Sage.

Teaching Physical Education to Children with Special Educational Needs and Disabilities
 Vickerman, P and Maher, A. (2018) *Teaching Physical Education to Children with Special Educational Needs and Disabilities* (2nd Edn) London: Routledge.

Journal Articles

Research Papers in Education
 Bailey, R., Armour, K., Kirk, D., Jess, M., Pickup, I., Sandford, R. & BERA Physical Education and Sport Pedagogy Special Interest Group (2009) *The Educational Benefits Claimed for Physical Education and School Sport: An Academic Review*, *Research Papers in Education*, 24(1), 1-27.

International Journal of Environmental Research and Public Health
 Eyre, E.L.J., Adeyemi, L.J., Cook, K., Noon, M., Tallis, J. and Duncan M. (2022) 'Barriers and Facilitators to Physical Activity and FMS in Children Living in Deprived Areas in the UK: Qualitative Study'. *Int J Environ Res Public Health*, 2;19(3):1717.

European Physical Education Review
 Powell, E., Woodfield, L. A., Nevill, A. M., Powell, A. J., & Myers, T. D. (2019). 'We have to wait in a queue for our turn quite a bit': Examining children's physical activity during primary physical education lessons. *European Physical Education Review*, 25(4), 929-948.

Sports
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Education 3-13
 Randall, V. (2020) 'Becoming a Primary Physical Educator', *Education 3-13: International Journal of Primary, Elementary and Early Years Education* 48 (2), 133-146.

Research and Contemporary Issues

Issues in Physical Education
 Capel, S., Pitrowski, S. (2013) *Issues in Physical Education*, Routledge, London

Research with Children and Young People in Physical Education and Youth Sport
 Chambers, F. C., Sandford, R., Hooper, O., and Schaefer, L. (2023) *Research with Children and Young People in Physical Education and Youth Sport*, London: Routledge

Critical Pedagogies in Physical Education, Physical Activity and Health
 Stirrup, J and Hooper, O. (2021) *Critical Pedagogies in Physical Education, Physical Activity and Health*, London: Routledge

Government Documents and Reports

The Primary PE and Sport Premium
 APPG on a Fit and Healthy Childhood (2019)

Physical Education DfE (2024)
 APPG on a Fit and Healthy Childhood (2016)
 Enhancing Physical Education Provision and Improving Access to Sport and Physical Activity in School. *Navigational guides*. March 2016.

School Sport and Activity Action Plan
 DfE (2023)

Levelling the Playing Field
 Ofsted (2023)

PE and Sport Premium: An investigation in primary schools
 DfE (2014)

Health position paper
 Association for Physical Education (AfPE) Harris, J. (2020).

Blogs

PE Blog
 blog.peoffice.co.uk

Drowning in the Shallow
 drowningintheshallow.wordpress.com

PE Scholar Insight
 pescholar.com/insight

Davies Sports
 daviesports.co.uk/blog

The PE Specialist
 thepesspecialist.com/home/blog

Web Based Resources

AFPE Publications and Resources
 afpe.org.uk

Amber Valley School Sports Partnership
 avssp.co.uk/competition-resources

BBC Teach Supermovers
 www.bbc.co.uk/teach

British Orienteering
 avssp.co.uk/competition-resources

Cricket - Chance to Shine
 teachers.chancetoshine.org

Disentangling Inclusion in Primary PE
 www.dippe.lu

Euhu - PE Lessons
 www.euhu.co.uk/physical-education

FMS activities - Scoilnet
 scoilnet.ie/pdst/physlit

PE Scholar
 pescholar.com

Play Sport
 ophea.net/playsport

Primary Stars
 primarystars.com

Sportshall
 sportshall.org/primary

Storbreak
 storbreak.org.uk

The PE Shed
 thepeshed.com

Youth Sport Trust Resources
 youthsporttrust.org

Podcast Media

The PE Umbrella
 with Ryan Ellis

PE Insights
 with Nathan Walker

Playing with Research
 in Health and Physical Education

Online Courses

England Football PE Free CPD
 England Football's Online PE CPD for Teachers course is designed to increase confidence in the delivery of engaging, inclusive, high-quality Physical Education lessons through the invasion game of football.

PE Scholar: Becoming a Primary Physical Education Teacher
 This course provides a strong foundation for all primary trainees who are about to embark upon, or completing, a programme of primary initial teacher education or training. Email vicky@pescholar.com for a free access code

Physical Education and Sport Organisations

Association for Physical Education
 afpe.org.uk

Oak Academy
 thenationalacademy

PE Scholar
 pescholar.com

Scottish Association of Teachers of Physical Education
 satpe.co.uk

Sport England
 sportengland.org

Sport Wales
 sport.wales

Youth Sport Trust
 youthsporttrust.org